

W. C. T. U. Column.

Through the courtesy of the REGISTER this space is granted to the W. C. T. U. It is edited by MARTHA J. FRANKLIN, Local Press Superintendent, as appointed by the State Organizer, Mrs. L. LaMotte.

W. C. T. U. WATCHWORDS:
ORGANIZE! EDUCATE! AGITATE!

W. C. T. U. PRINCIPLES:
Total Abstinence: Prohibition of the Liquor Traffic; One Standard of Morals for Men and Women; Home Protection; Equal Suffrage and the Teaching of Scientific Temperance in Public Schools.

The Friends of Alcohol.

Alcohol is the fast friend of shipwreck and train wreck and health wreck and life wreck and home wreck, business wreck and character wreck. Wm. Shakespeare for once, at a loss for a word, proposed to call it devil, but it is entitled to no such honor. It is a cockroach among the industries of mankind. It is the world's most notable sneak thief, and it does its larceny in broad daylight as well as in the dark. All other things being equal, the abstainer absolutely outclasses the drinker, no matter what the race, no matter what the prize. Science says this—not fanaticism, not religion. Science says this. Infinitely in the supreme moment the drinker slumps from the uttermost of his own powers and possibilities. Alcohol never on earth put any man at his best. It has degraded millions and always picks a loser. —John G. Woolley.

The Milk of Old Age.

There is an ancient proverb that "wine is the milk of old age" and that elderly people do well to add liquors to their diet. Sir Henry Thompson, one of the greatest physicians of the century, at the age of 82 proved by actual experiment that this proverb is untrue.

The almost world-wide notion that only by the use of wines and liquors can there be the joyous exhibition of friendship and brilliant social gathering is soon to take its place among exploded superstitions. The popular use of wine and beer and the so-called milder alcoholic liquors as a remedy for intemperance has been proved to be a delusion. —The Amethyst.

How He Began.

John Fisher was standing at the bar in a saloon. He had an old battered hat on his head, and had a short black pipe in his mouth. His shirt was dirty, his clothes were ragged and his shoes were worn out at the toes.

He had not always looked like that. Once he was well dressed and had a comfortable home. As he looked out of the saloon door he saw two tidy, clean little children coming for their father's beer. The saloon-keeper filled their pail and as soon as they were outside the door the little girl took a drink, while her little brother waited patiently for his turn to drink. The poor drunkard looked at them very sadly, and turning to the saloon-keeper, said, with a sigh:

"Ah, that's how I began to drink and I can't leave it alone now." —The Amethyst.

The use of wine or brandy in flavoring is where the strictly temperate may overstep the line. Let us not tolerate a poison in our homes as a remedy, or in our kitchen for culinary purposes, or flavoring for food. —The Amethyst.

Facts vs. Opinion.

Many opinions about alcoholic liquors are disappearing as mere superstitions, many of them hoary with antiquity. In the early history of alcohol it was counted so great a blessing that it was called "aqua vitae"—water of life. A later opinion declares a more appropriate name would be "distilled damnation."

Many of the supposed virtues of spirituous liquors are now classed with the nailing of the horse-shoe over the door to keep away the witches, but the superstition as to the value of liquors is by far the most harmful. It has long been held that liquors were a protection in exposure to cold. The testimony of arctic explorers and the modern science agree that it is a base superstition and that any use of liquors as a beverage is a peril.

A party of explorers after a hard day's climb spent a night on the cold top of a mountain. Some took no stimulant and turned in cold and miserable. Others took some whiskey in moderation and retired warmer, but still uncomfortable. The rest of the party indulged freely in drink and retired oblivious to all cold and discomfort. In the morning those who refused alcohol arose refreshed and well. The second class, those who indulged moderately, awoke

Failed in Health

"My mother died six years ago," writes Miss Ruth Ward, of Jerseyville, Ill., "and left me to care for six children. I had never been strong; and this, with the shock of her death, was too much for me. I failed in health. I was tired all the time and did not want to go anywhere, nor care for company. I had the headache all the time and such bearing-down pains. A very dear friend advised me to take Cardui, as it had done her so much good, so I commenced to use it and now I am in good health."

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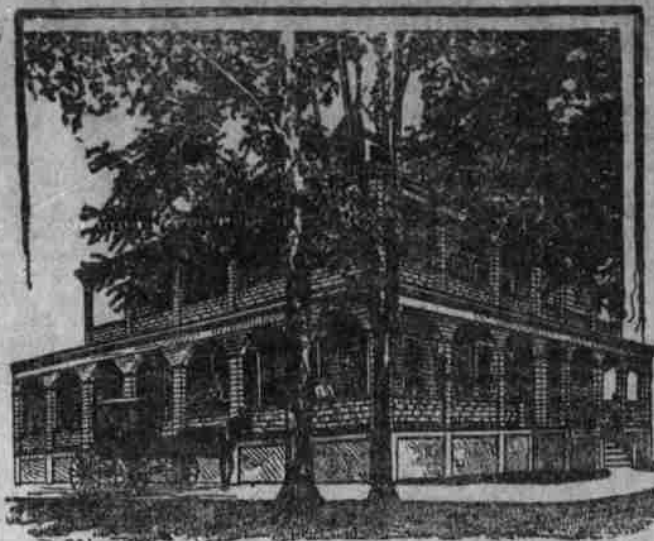
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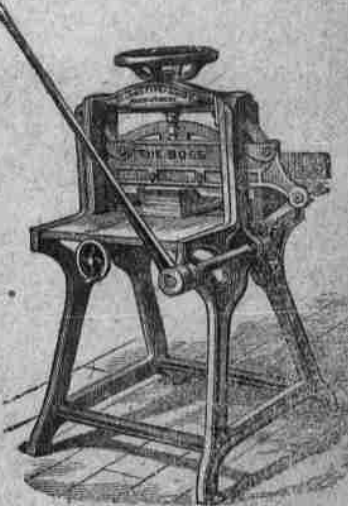
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